

# Antibiocycle

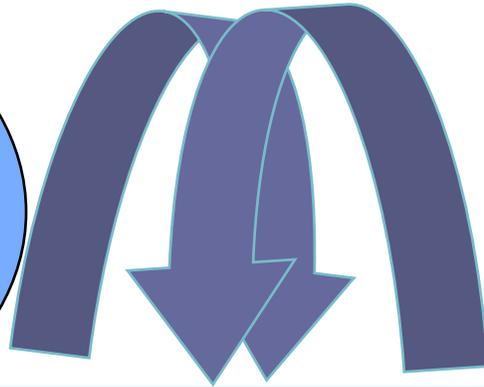
A.EVEN et A.DIHN

Hôpital Raymond Poincaré, Garches

# Infections urinaires à répétition chez le neurologique

## infectiologie

Connaissance de la flore urinaire  
+ absence  
- de réservoir  
- d'abcès



## neuro-uro.

Vessie bien équilibrée,  
absence de co-facteurs curables

Mise en place **systematique**  
d'un traitement préventif  
= antibioprophylaxie ?

# Bilan préalable

- S'assurer qu'il s'agit d'infections urinaires vraies ( $\neq$  colonisations)
- Catalogue mictionnel
- Bilan urodynamique
- Imagerie de l'appareil urinaire (écho, TDM)
- +/- uréthrocystographie rétrograde si infections fébriles

**ECBU hebdomadaires avec antibiogramme complet ++**

**pendant 6 semaines (6 ECBU)**

# Antibiothérapie en continu

Pas de preuve suffisante pour la recommander :

- peu de bénéfice prouvé en terme d' infection clinique
- effets II, allergies...
- risque écologique: émergence de BMR



*Morton SC, Arch Phys Med Rehabil 2002  
BS, Urinary catheter policies Cochrane Database. 2005*

# Antibiothérapie en continu

Pas de preuve suffisante pour la recommander : effets II, allergie...

(19 études contrôlées, 2 méta analyses)

*(Morton SC, Arch Phys Med Rehabil 2002;83:129-38)*

Peu de bénéfice prouvé en terme d'infection clinique

Risque écologique: (BMR X 2) sous Ciprofloxacine

*(Elden, Arch Phys Med Rehabil, 1997;78:468-70)*

**NON !**

# Continuous low-dose antibiotic prophylaxis for adults with repeated urinary tract infections (AnTIC): a randomised, open-label trial

Holly Fisher, Yemi Oluboyede, Thomas Chadwick, Mohamed Abdel-Fattah, Catherine Brennan, Mandy Fader, Simon Harrison, Paul Hilton, James Larcombe, Paul Little, Doreen McClurg, Elaine McColl, James N'Dow, Laura Ternent, Nikesh Thiruchelvam, Anthony Timoney, Luke Vale, Katherine Walton, Alexander von Wilamowitz-Moellendorff, Jennifer Wilkinson, Ruth Wood, Robert Pickard\*

361 patients sous AS  
40% neuro

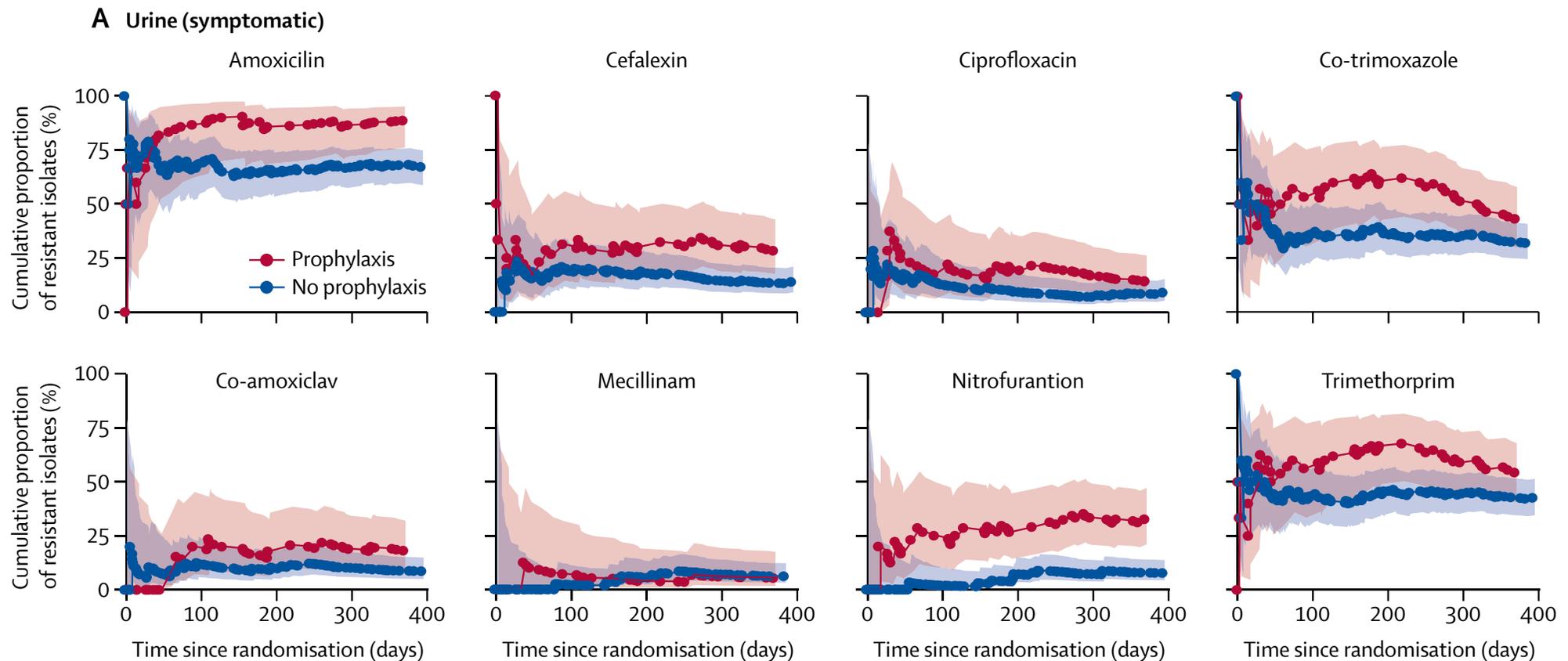
	Prophylaxis group (n=181)*	No prophylaxis group (n=180)*	Incidence rate ratio (95% CI)	p value
<b>Symptomatic, antibiotic-treated urinary tract infections†</b>				
All eligible participants	1.3 (1.1–1.6)	2.6 (2.3–2.9)	0.52 (0.44–0.61)	<0.0001
<4 infections at baseline	0.8 (0.6–1.1)	1.7 (1.4–2.2)	0.46 (0.34–0.64)	0.45‡
≥4 infections at baseline	1.7 (1.3–2.0)	3.1 (2.7–3.6)	0.54 (0.45–0.64)	..
<b>Microbiologically confirmed urinary tract infections§</b>				
All eligible participants	0.74 (0.58–0.94)	1.5 (1.3–1.8)	0.49 (0.39–0.60)	<0.0001
<4 infections at baseline	0.32 (0.18–0.57)	1.2 (0.9–1.5)	0.28 (0.18,0.45)	0.01‡
≥4 infections at baseline	0.99 (0.77–1.3)	1.7 (1.4–2.1)	0.57 (0.45–0.72)	..
<b>Febrile urinary tract infections§</b>				
All eligible participants	0.11 (0.06–0.21)	0.16 (0.10–0.25)	0.71 (0.40–1.26)	0.24
<4 infections at baseline	0.07 (0.03–0.17)	0.12 (0.06–0.23)	0.62 (0.20–1.90)	0.79‡
≥4 infections at baseline	0.14 (0.06–0.30)	0.19 (0.11–0.32)	0.74 (0.38–1.45)	..
<b>Asymptomatic bacteriuria§</b>				
All eligible participants	1.4 (1.2–1.6)	1.6 (1.4–1.9)	0.88 (0.74–1.04)	0.14
<4 infections at baseline	1.5 (1.2–2.0)	2.0 (1.6–2.5)	0.77 (0.60–1.00)	0.18‡
≥4 infections at baseline	1.3 (1.1–1.6)	1.4 (1.1–1.6)	0.98 (0.77–1.23)	..

# Continuous low-dose antibiotic prophylaxis for adults with repeated urinary tract infections (AnTIC): a randomised, open-label trial

Holly Fisher, Yemi Oluboyede, Thomas Chadwick, Mohamed Abdel-Fattah, Catherine Brennan, Mandy Fader, Simon Harrison, Paul Hilton, James Larcombe, Paul Little, Doreen McClurg, Elaine McColl, James N'Dow, Laura Ternent, Nikesh Thiruchelvam, Anthony Timoney, Luke Vale, Katherine Walton, Alexander von Wilamowitz-Moellendorff, Jennifer Wilkinson, Ruth Wood, Robert Pickard\*

**ATTENTION**

Risque écologique++



# Antibiocycle « WOCA »

- Principe :
  - 1 prise unique hebdomadaire alternée d'un antibiotique A ou B parmi cefixime, amoxicilline, fosfomycine, cotrimoxazole, furadantine
- Objectif principal :
  - éviter IUS chez blessés médullaires sous sondages intermittents,
- Objectifs secondaires :
  - tolérance, consommation ATB, BMR en anal (entérobactéries BLSE)

Prevention of urinary tract infection in spinal cord-injured patients: safety and efficacy of a weekly oral cyclic antibiotic (WOCA) programme with a 2 year follow-up—an observational prospective study

Jérôme Salomon<sup>1</sup>, Pierre Denys<sup>2</sup>, Corinne Merle<sup>1</sup>, Emmanuel Chartier-Kastler<sup>2</sup>,  
Christian Perronne<sup>1</sup>, Jean-Louis Gaillard<sup>1</sup> and Louis Bernard<sup>1\*</sup>

- Étude prospective, 38 patients, suivi 2 ans
- Blessés médullaires (hors grossesse), IU à répétition
- 22 hommes / 16 femmes
- Age : 46 ans
- 32 paraplégiques, 6 tétraplégiques
- Mode mictionnel : sondage intermittent sur vessie neurologique
- Historique : 9,4 IUS / patient an  
0.75 IUF / patient an
- 150 PNA, 40 prostatites, 7 orchi-épididymites,
- 50 hospitalisations

# Résultats

Variables	Avant	Après	p
IUS	9.4	1.84	0.0002
IUF	0.74	0.31	0.04
Orchite	7	0	
Pyélonéphrite	150	13	
Prostatite	40	6	
Hospit/an	0.23	0.09	0.0012
Jour hospit	3.97	1.18	<0.0001
Jours ATB	111	56	0.01
Large spectre	77	12	<0.0001
ECBU +	98.4%	31.8%	<0.0001
% BMR	52	6	<0.0001
Patients BMR	6/38	2/38	

**In real life !**

**Table 1** Characteristics of patient included in the weekly oral cycling antibiotics program.

Male	n = 30 (60%)
Female	n = 20 (40%)
○ Sex ratio	1.5
Age (years)	
○ Mean (±SD)	51 ± 13.5
○ Min	20
○ Max	81
Injuries	
○ Paraplegia	n = 33 (66%)
○ Tetraplegia	n = 6 (12%)
○ Multiple sclerosis	n = 4 (8%)
○ Others	n = 6 (12%)
○ No data	n = 1 (2%)
Level of SCI	
○ Cervical	n = 7 (14%)
○ Thoracic	n = 26 (52%)
○ Lumbar	n = 5 (10%)
○ No data	n = 12 (24%)
Date of injury (years)	
○ Mean ± SD	19.4 ± 14.3
○ Min	2
○ Max	58
History of injury	
○ Accidental cause	n = 27 (54%)
○ Infectious cause	n = 2 (4%)
○ Congenital defects	n = 5 (10%)
○ Inflammatory/Auto-immune cause (Behcet ...)	n = 4 (8%)
○ Mechanical cord compression (neoplasia, arthrosis, lipoma)	n = 6 (12%)
○ Brain injury	n = 1 (2%)
○ No data	n = 5 (10%)
Immunosuppression	
○ Yes	n = 6 (12%)
○ No	n = 44 (88%)
○ No data	n = 0
Voiding activity	
○ Self-catheterization	n = 44 (88%)
○ Hetero-catheterization	n = 2 (4%)
○ Endoprosthesis	n = 2 (4%)
○ Bladder plasty	n = 0
○ Indwelling catheter	n = 0
○ Reflex urination	n = 2 (4%)
○ Others	n = 2 (4%)
○ No data	n = 1 (2%)
Frequency of urination (/day) =	
○ Mean ± SD	6 ± 1.7
○ Min	4
○ Max	15
Characteristics of the bladder	
○ Hyperactive	n = 14 (28%)
○ Non-contractile	n = 18 (36%)
○ Others	n = 2 (4%)
○ No data	n = 16 (32%)

Suivi > 2 ans (moy 63 mois)  
50 patients

**Table 2** Frequency of urinary tract infection, hospitalization, antibiotic use and multidrug resistant organisms (MDRO) organism colonization before and under weekly oral cycling antibiotics (WOCA).

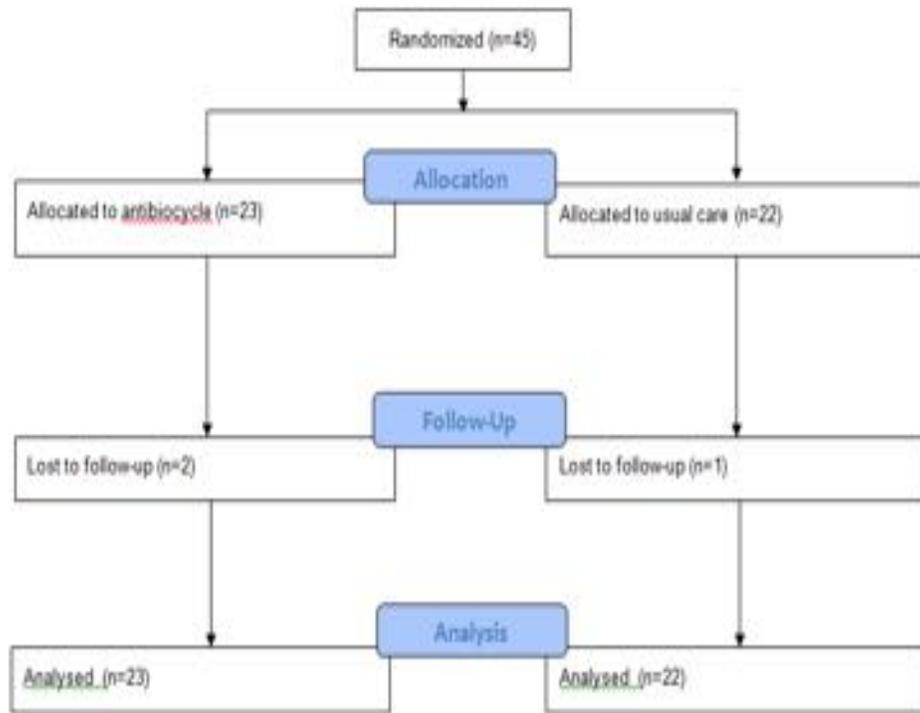
	Prior WOCA	Under WOCA	p
<b>Urinary tract infection (UTI) per patient per year:</b>			
Cystitis	9.45	1.57	0.0001
Febrile UTI	5.25	0.18	0.0001
<b>Hospitalization and antibiotic use:</b>			
Hospitalizations per patient per year	0.86	0.02	0.002
Total hospital days per patient per year	5.37	0.16	0.001
Total days of curative antibiotic treatment per patient per year	92.83	34.5	<0.0001
<b>MDR colonization:</b>			
Percentage of positive urine sample cultures	86%	57%	<0.0001
MDRO-colonized patients	9	4	NS

# Antibiocycle

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Louis Bernard  
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Thus, we believe that, when antibiotic prophylaxis is required, a weekly intermittent high dose of cyclic antibiotic treatment is effective and does not engender emergence of resistance. These results should soon be confirmed by the PACHIU trial (NCT01388413).

# PACHIU



Essai randomisé, suivi 6 mois.

Variable	WOCA N = 23	Standard treatment N = 22
<b>Sex (n, %)</b>		
Female	7 (30.4%)	8 (36.4%)
Male	16 (69.6%)	14 (63.6%)
<b>Age (year, median, IQR)</b>	48.7 [41.5 ; 60.0]	49.6 [34.7 ; 57.5]
<b>Number of UTI per year (median, IQR)</b>	12.0 [6.5; 12.0]	9.5 [6.0; 11.8]
<b>Number of febrile UTI per year (median, IQR)</b>	0.0 [0.0; 2.0]	2.0 [0.0; 3.0]
<b>Orchitis</b>	1 (4.3%)	1 (4.5%)
<b>Epididymitis</b>	2 (8.7%)	0 (0%)
<b>Prostatitis</b>	6 (26.1%)	3 (13.6%)
<b>Pyelonephritis</b>	7 (30.4%)	13 (59.1%)

# PACHIU

Variables	WOCA	Standard treatment	P-value
Number of UTIs (median, IQR)	1.0 [0.5-2.5]	2.5 [1.2-4.0]	0.024
Febrile UTI (n, %)	0 (0%)	9 (45.0%)	<0.001
N Hospitalizations	3 (13.6%)	6 (28.6%)	0.281
N antibiotic (median, IQR)	0.0 [0.0-2.0]	3.0 [2.0-5.0]	0.004

BMR en cours d'analyse...

# Antibiocycle et grossesse

Urol. 2018 May 31;56-61. doi: 10.1016/j.urol.2018.02.007. Epub 2018 Feb 18.

**Control Cross-sectional Study Evaluating an Antibiotic Prevention Strategy in 30 Pregnancies Under Clean Intermittent Self-catheterization and Review of Literature.**

Michas A<sup>1</sup>, Ditt A<sup>1</sup>, Denis E<sup>2</sup>, Levy J<sup>3</sup>, Chabot-Kaufet E<sup>4</sup>, Bernard L<sup>5</sup>, Combarros M<sup>6</sup>, Nicard J<sup>7</sup>.

Proc Urol. 2015 Jun;25(6):489-96. doi: 10.1016/j.purol.2015.01.011. Epub 2015 Feb 13.

**[Antibioprophylaxy and urological management of women with spinal cord injury during pregnancy].**

[Article in French]

Gabeca M<sup>1</sup>, Charrier K<sup>2</sup>, Courtes E<sup>3</sup>, Hode JP<sup>4</sup>, Bidaux RC<sup>5</sup>, Buffin A<sup>6</sup>.

- Diminution significative des infections pendant la grossesse

# Take home messages

- **Antibiocycle:**
  - Indiqué après éviction des facteurs de risque d'infections urinaires à répétition
  - Efficace sur les infections urinaires fébriles ou non fébriles
  - Pas d'augmentation de résistances bactériennes
  - Indication également pendant la grossesse chez les patientes BM en AS
- **A discuter:**
  - Les modalités d'arrêt (quand? brutal ou progressif?)



Je vous remercie pour votre attention.

# Questions

- Furadantine >> OK
- Selexid/pivecillinam ?
- Forte dose : fosf 2 sachets/furadantine 2 gelX3/j/oroken 1cpX3 ?
- 2 prises par semaine
- Quand arrêter ? Queqlues années ? Diminuer les doses ?
- Pour qui ? Tout le monde !